



CATHOLIC
CARE CENTER



SANCTUM

A QUARTERLY CATHOLIC
CARE CENTER NEWSLETTER

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Chaplain's Corner

Saint Veronica

As our newest ministry, St. Veronica Senior Behavioral Health Hospital grows, we invite everyone to pray to St. Veronica. We ask that she guide our hospital and help us provide much-needed care to seniors facing mental and emotional health challenges.

Prayer to St. Veronica

O My Jesus, Saint Veronica served you on the way to Calvary by wiping Your beloved face with her veil, on which Your sacred image then appeared. She protected this treasure and whenever people touched it, they were miraculously healed. I ask her to pray for the growth of my ability to see Your sacred image in others, to recognize their hurts, to stop and join them on their difficult journeys, and to feel the same compassion for them as she did for You. Show me how to wipe their faces, serve their needs, and heal their wounds, reminding me that as I do this for them, I also do this for You.

Saint Veronica, pray for me! Amen!



Kansas City or Bust!

Resident Celebrates 90th Birthday with Road Trip



When asked by her family how she would like to celebrate her 90th birthday, Shepherd's Crossing resident Barbara Foley had a big idea. She wanted to combine two of her favorite things - her love of watching Kansas City Chiefs football and her beloved friendships with her neighbors at Shepherd's Crossing. On August 17, Barb and 17 of her neighbors boarded a charter bus and headed to Arrowhead Stadium to watch the Chiefs play the Detroit Lions!

Decked in their best Chiefs fan gear, the group made the journey in style to Kansas City and enjoyed watching the game from a private, climate-controlled suite. They had plenty of game time snacks and even got a visit from the Chief's mascot, KC Wolf!

In true Barb fashion, when it came to celebrating her big day, she wanted the celebration to be not just about her - but to bring joy to her family and friends, too. Based on the smiles and laughter seen and heard at the game, it looks like her birthday wish came true!



Shepherd's Crossing: The Hidden Gem of Catholic Care Center

If you've ever taken the time to drive around the Catholic Care Center campus, you've probably noticed the patio home community, Shepherd's Crossing. What you may not have realized is that this is the independent living residence of Catholic Care Center.

Shepherd's Crossing opened on the campus in 2006 and was one of Wichita's first patio home establishments. The community was designed to allow seniors the opportunity to age in a place with easily accessible homes while having the peace of mind that comes with being on the Catholic Care Center campus with priority access to additional services if their future needs change.

Each spacious home offers two bedrooms, two baths, a two-car garage, a full kitchen, a living room, and a sunroom or patio. In 2016, the Shepherd's Crossing Community Center opened as a gathering place for residents and as a meeting space for ministry and community events.

The Center features a fitness area, The Landing restaurant, an activity room, and several social spaces that lend themselves to various events including musical performances, speakers, and resident dinners. Today, Shepherd's Crossing offers 92 patio homes to over 130 residents.

Since its establishment 18 years ago, the community has seen many changes and faced some challenges, including a hail storm that required the roof of every home to be replaced and the pandemic, which led to some very creative ways of staying connected with friends and neighbors.

One thing that hasn't changed is the cohesive and welcoming group of residents who make their home at Shepherd's Crossing. They are truly the lifeblood of the community and help make it a great place to live!



For more information on Shepherd's Crossing, visit us online at catholiccarecenter.org/independent-living

Associate Spotlight:

Fran Hill

Recruiter



The first point of contact for new Associates to Catholic Care Center is the friendly face of our Recruiter, Fran Hill. Fran has been with CCC almost 7 years. During that time she's served as a CNA, Scheduler, and Recruiter. We thought it would be fun to dive a little deeper and learn more about Fran and her interests.

What led you to Catholic Care Center?

I've always had a passion for healthcare. Before coming to Catholic Care Center I worked as a CNA in another community. When I left that position I began to work as an agency aide so I could explore other communities. When I got to Catholic Care Center, it just felt right. So, I took a leap of faith and became a permanent employee. It was the best decision I could have made.

What is the best thing about your current position?

Being the recruiter allows me to meet many different people. I love being the first face of Catholic Care and making people feel welcome. It's important to me that I can have a positive contribution to make CCC a better place to work.

When you are not working, what are your hobbies?

I love to work with my hands and enjoy crafting. I make customized tumblers, t-shirts, key chains and many other items. I usually have a booth at 2-3 craft shows a year and also have pop up sales.

Another of my interests is traveling. Any place with water is my favorite destination. Being around water gives me peace. I love living in Kansas though, the cost of living is great and there are no hurricanes!

What's one fun fact about yourself you'd like to share?

I enjoy watching crime/detective shows. When I was little and someone asked me what I wanted to be when I grew up, I would say a crime scene investigator. (Lucky for us she changed her mind!) I enjoy watching the programs and trying to solve the mystery

before the end of the show. I also enjoy escape rooms.

What is your favorite food?

I like all Mexican food: quesadillas, carne asada, and spicy chili. Anything spicy, I like it. I also love to cook, and of course, all my food has a little spice.

We are grateful that Fran's career led her to Catholic Care Center. Our associates and residents have all benefited directly and indirectly from Fran's positivity and her love for our community, and we are looking forward to enjoying that positivity for many years to come.

Pumpkin Gingerbread with Chef Shawn

This fun holiday treat combines two classics into one delicious bread. It makes a great gift, or you can treat yourself to a slice with your morning coffee!

Directions:

Preheat oven to 350 degrees F (175 degrees C). Lightly grease two 9x5 inch loaf pans.

In a large mixing bowl, combine sugar, oil, and egg. Beat until smooth. Add water and beat until well blended. Stir in pumpkin puree, ginger, allspice, cinnamon, and cloves.

In a medium bowl, combine flour, soda, salt, and baking powder. Add dry ingredients to pumpkin mixture and blend just until all ingredients are mixed. Divide batter between prepared pans.

Bake in preheated oven until toothpick comes out clean, about 1 hour. Let cool and enjoy!

Ingredients:

- 1 cup sugar
- 2 cups brown sugar
- 1 cup vegetable oil
- 4 eggs
- 2/3 cup water
- 1 (15 ounce) can pumpkin puree
- 2 teaspoons ground ginger
- 1 teaspoon ground allspice
- 1 teaspoon ground cinnamon
- 1 teaspoon ground cloves
- 3 ½ cups all-purpose flour
- 2 teaspoons baking soda
- 1 ½ teaspoons salt
- ½ teaspoon baking powder





And the Winner Is... **CATHOLIC CARE CENTER!**

You voted, and we are honored to share that Catholic Care Center has been named in the 2024 Wichita Eagle Best of Wichita contest as:



**Bronze in
Nursing Home**



**Bronze in
Skilled Nursing**



**Bronze in
Memory Care**



**Silver in
Independent Living**



Catholic Care Center is honored to know, love, and serve seniors and their families. Thank you for your continued support of our ministry!



Volunteer Spotlight Artist, Annie Cummings

Annie Cummings is a familiar face at Catholic Care Center's Assisted Living area, where she frequently visits her mother, long-time resident Laura Cummings. Annie is well known to the other Assisted Living residents as the leader of a monthly painting class, where attendees tackle a new specific painting project.

During the 3 years the class has been in session, residents have expressed their creativity using many different mediums and styles of painting. Annie's creative talents are also on display as she updates the Assisted Living chalkboard monthly with creative seasonal designs.

Annie's talents didn't develop overnight. As a child, she loved to paint and draw. When Annie was in her early 20s living in Steamboat Springs, CO, she had the opportunity to work with an experienced artist who shared her knowledge of oil painting with Annie.

Her painting moved to the back burner after Annie received her degree in Natural Resource Management and entered the workforce. Some of her employment history included working for the Forest Service and at Pike's Peak Community College, where she was instrumental in developing the Natural Resource Technical Degree Program. This program is still going strong today!

Let's fast-forward to retirement, when Annie dusted off her paintbrushes and discovered "en plein air painting," which is the act of painting outdoors. This method of painting has allowed Annie to combine her love of painting with her love of nature, all while sharing these interests with others.

Recently, Annie attended a plein air painting show in Steamboat Springs, CO, where she exhibited five paintings, one of which won the Steamboat Springs Corporate Award! The show's judges commented that they chose Annie's painting because they felt it embodied both the feel of "new" and "old" Steamboat Springs.

This feedback was especially meaningful to Annie because it confirmed that her painting successfully conveyed both Annie's memories of Steamboat Springs as a young person and her current observations of the city in a way that was recognizable to others.

Annie has also previously exhibited at the Wichita River Fest Art Show, where she had two second-place finishes. She sold some of her paintings at this event, one of which was a view of Downtown Wichita.

If you'd like to see her work in person, Annie has two upcoming shows, one at the Carriage Factory in Newton and one at the Andover Library!

Annie considers herself an emerging artist. To her, the biggest compliment an artist can receive is when someone purchases a painting. The sale of a painting confirms that the recipient understands an artist's communication, appreciates it, and wants to bring it home

to continue enjoying. The ability to share her joy with others continues to motivate Annie.

As a busy artist and dedicated daughter, we appreciate that Annie is willing to donate her time to our community and look forward to the new chalkboard mural each month. If you visit our Assisted Living area or are a resident, check out Annie's work or join a class. We guarantee you won't be disappointed!



Associate Anniversaries

Below is a list of associates celebrating service anniversaries this quarter. Please join us in congratulating the following individuals:

Mekeyba Powell 19 Years

Pamela Lies 16 Years

Mirella Morales 16 Years

Duy Nguyen 15 Years

Alfred Gallardo 15 Years

Sr. Mary Joseph Karotte Vell

14 Years

Yvette Michaelis 14 Years

Sean Kempf 11 Years

Rosie Ondieki 10 Years

Rhonda Ambrosier 8 Years

Anne Bwahama 6 Years

Jasmine Rhodes 6 Years

Edilberto Ordaz 6 Years

Reynneth Ansay 6 Years

Tawny Unruh 5 Years

Shawn Meier-McFerren 5 Years

Beth Wessel 4 Years

Guadalupe Silverio 4 Years

Koda Ross 4 Years

Brenda Davis 4 Years

Jessica Tyler 4 Years

Lydia Newby 4 Years

Lisa Lee 4 Years

Katherine Klausmeyer 4 Years

Rebecca Barr 4 Years

Alvin Saisi 3 Years

Devon Hiebert 3 Years

Jaxon Bembry 3 Years

Alisha Cannon 3 Years

Hilde Bonewell 3 Years

Kimberly Pearson 2 Years

Kayla Henley 2 Years

Sakhiyah Graves 2 Years

Rodney Lowe 2 Years

Julia Walker 2 Years

Trenton Tayrien 2 Years

Gladis Donnelly 2 Years

Jennifer White 1 Year

Cedell Owens 1 Year

Tony Huff 1 Year

Celine Hoseah 1 Year

Kalan Garrett 1 Year

Shonda Pursley 1 Year

Camla Parker 1 Year

Sr. Littymol George 1 Year

Mary Gegen 1 Year

Charles Erdman 1 Year

Trevor Adams 1 Year





Heavenly Father,

We thank You for bringing us together today.

May Your helping hands guide us in our service to our residents.

May we better know them in service to You.

May we better love them with the love You have shown us.

May our ministry to our family members always be in our hearts

and minds as we dedicate ourselves to You.

Through Christ Our Lord.

Amen.

Tell Us About Your Experience

Are you a resident, a staff member,
or is your loved one at Catholic Care Center?
We'd love to hear about your experience with us!

Leaving us a review on Google is great for two reasons.
It tells us how we're doing *and* helps others looking for
trusted compassionate care. Please scan the QR code or
visit the link below to leave a review!

Scan with your
smart phone!



catholiccarecenter.org/review



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catholiccarecenter.org | (316) 771-6550
6650 E. 45th St. N. | Bel Aire, KS 67226

